

October Breakfast Menu: K-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Trix Apple Granola Bar Fresh Fruit Fruit Juice Milk	2 Blueberry Muffins Iced cinnamon bars Fresh fruit Fruit juice Milk	3 Lucky Charms Apple granola bar Fresh fruit Fruit juice Milk	4 Cocoa Puffs Apple granola bar Fresh fruit Fruit juice Milk	5 Cinnamon bagels Fresh fruit Fruit juice Milk
8 Apple Cinnamon Cheerios Iced cinnamon bar Fresh fruit Fruit Juice Milk	9 Raspberry Rainbow Yogurt Kix Fresh Fruit Fruit Juice Milk	10 Banana loaf Rice Chex Fresh Fruit Fruit juice Milk Early Release	11 Golden Grahams Apple granola bar Fresh fruit Fruit juice Milk	12 Eggo Mini French Toast Fresh Fruit Fruit Juice Milk
15 Cinnamon Toast Crunch Apple granola bar Fresh Fruit Fruit Juice Milk	16 Lucky Charms Iced cinnamon bar Fresh Fruit Fruit juice Milk	17 Blueberry Loaf Kix Fresh Fruit Fruit juice Milk	18 Strawberry Banana Yogurt Cinnamon Chex Fresh Fruit Fruit Juice Milk	19 Cherry Frudel Sticks Fresh Fruit Fruit Juice Milk
22 Frosted Mini Wheats Iced cinnamon bars Fresh fruit Fruit juice Milk	23 Oatmeal Fresh Fruit Fruit juice Milk	24 Chocolate chips muffins Rice Chex Fresh Fruit Fruit juice Milk Early Release	25 Apple Jacks Apple granola bars Fresh Fruit Fruit juice Milk	26 Eggo Mini Pancakes Fresh Fruit Fruit juice Milk
29 Cocoa puffs Apple granola bar Fresh Fruit Fruit juice Milk	30 Cherry Yogurt Kix Fresh Fruit Fruit juice Milk	31 Blueberry Muffins Cheerios Fresh fruit Fruit juice Milk Happy Halloween	1 Lucky Charms Apple granola bar Fresh fruit Fruit juice Milk	2 Cinnamon Rolls Fresh fruit Fruit juice Milk

Milk Choices: 1% White or Fat Free Skim

Menu subject to change.

This institution is an equal opportunity provider.