

# September Breakfast: Horizons

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome  
Back!!!



<b>LABOR DAY</b>  <b>NO SCHOOL</b>	<b>5</b>	Lucky Charms Iced cinnamon bar Fresh fruit Fruit juice Milk	<b>6</b>	Blueberry muffin Honey Nut Cheerios Fresh fruit Fruit juice Milk	<b>7</b>	Cocoa Krispies Apple granola bar Fresh fruit Fruit juice Milk	<b>8</b>	Mini cinnamon bagel Cheerios Fresh fruit Fruit juice Milk	<b>9</b>
Yogurt Blueberry loaf Fresh fruit Fruit juice Milk	<b>12</b>	Mini Waffles Iced cinnamon bar Fresh fruit Fruit juice Milk	<b>13</b>	Chocolate muffin Frosted flakes Fresh fruit Fruit juice Milk	<b>14</b>	Cocoa Puffs Apple granola bar Fresh fruit Fruit juice Milk	<b>15</b>	Mini French toast sticks String cheese Fresh fruit Fruit juice Milk	<b>16</b>
Yogurt Trix Fresh fruit Fruit juice Milk	<b>19</b>	Cheese Omelet Iced cinnamon bar Fresh fruit Fruit juice Milk	<b>20</b>	Blueberry muffin Frosted cinnamon flakes Fresh fruit Fruit juice Milk	<b>21</b>	Trix Apple granola bar Fresh fruit Fruit juice Milk	<b>22</b>	Chocolate doughnut Apple jacks Fresh fruit Fruit juice Milk	<b>23</b>
Yogurt Cinnamon Toast Crunch Fresh fruit Fruit juice Milk	<b>26</b>	Cherry Frudel Apple granola bar Fresh fruit Fruit juice Milk	<b>27</b>	Chocolate muffin Golden Grahams Fresh fruit Fruit juice Milk	<b>28</b>	Chocolate Frosted Mini-Wheat Iced cinnamon bar Fresh fruit Fruit juice Milk	<b>29</b>	Mini waffles Hard boiled eggs Fresh fruit Fruit juice Milk	<b>30</b>

Milk choices available daily are fat free white & 1% white. Fresh fruit & fruit juice are available every day. All bread & cereal products served are whole grain, including muffins, bagels, donuts, etc.

**This institution is an equal opportunity provider.**