

# September Lunch Menu : Horizons

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome  
Back!!!



<b>3</b>  <b>LABOR DAY</b>  <b>NO SCHOOL</b>	<b>4</b> Chicken patty California Medley vegetables Cheese Doritos Apple slices & orange wedges Milk	<b>5</b> Spaghetti Mixed greens with grape tomatoes Whole grain roll Peaches Milk	<b>6</b> Orange chicken Brown rice Broccoli Mandarin oranges Dinner roll Fortune cookie Milk	<b>7</b> Little Caesar's pizza Salad bar Fruit cocktail Milk
<b>10</b> Barbequed pork sandwich Coleslaw Seasoned potato wedges Green beans Orange wedges & apples Milk	<b>11</b> Italian penne pasta Mixed greens with grape tomatoes Garlic bread Peaches Milk	<b>12</b> Sub sandwich Tomato slices Green bean medley Apple sauce Milk	<b>13</b> Walking tacos with seasoned beef, romaine lettuce & black beans Whole grain roll Pineapple Milk	<b>14</b> Little Caesar's pizza Salad bar Fruit cocktail Milk
<b>17</b> Cheeseburger on a whole grain bun Fresh broccoli Baked beans Apples & orange wedges Milk	<b>18</b> Turkey & gravy over mashed potatoes Diced carrots Whole grain bread Peaches Milk	<b>19</b> Cheese quesadilla Refried beans Baby carrots Tortilla chips Pineapple Milk	<b>20</b> Chicken nuggets Cucumber slices & red pepper strips Whole grain roll Pears Milk	<b>21</b> Homemade chili Baby carrots & celery sticks Breadsticks Gold fish crackers Pears Milk
<b>24</b> Chicken patty on a whole grain bun Grape tomatoes Cucumber slices Apple sauce Milk	<b>25</b> Taco salad Tortilla chips Black beans Whole grain roll Pineapple Milk	<b>26</b> Corn dog Fresh cauliflower & broccoli Cheese doritos Apple slices Milk	<b>27</b> Hot dog Tater tots Baby carrots Fruit cocktail Milk	<b>28</b> Little Caesar's pizza Tomato soup Cauliflower Watermelon Milk

Milk choices available daily are 1% chocolate, fat free white & 1% white. Chef's salads are available as an alternate choice every day. All bread served is whole grain; this includes pizza crusts & breading on chicken patties & nuggets.

**This institution is an equal opportunity provider.**