

September Lunch : K-5

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Welcome
Back!!!



<p>3</p> <p>LABOR DAY</p> <p>NO SCHOOL</p>	<p>4</p> <p>EARLY DISMISSAL</p> <p>NO LUNCH</p>	<p>5</p> <p>Spaghetti Mixed greens with grape tomatoes Whole grain roll Peaches Milk Alternate: Yogurt, cheese stick & whole grain roll</p>	<p>6</p> <p>Mini turkey dogs Broccoli Mandarin oranges Milk Alternate: Turkey & cheese sandwich</p>	<p>7</p> <p>Ham & cheese sandwich Baked beans Baby carrots Fruit cocktail Milk Alternate: Yogurt, cheese stick & whole grain bread</p>
<p>10</p> <p>Barbequed pork sandwich Coleslaw Seasoned potato wedges Orange wedges Milk Alternate: Yogurt, cheese stick & whole grain bread</p>	<p>11</p> <p>Chicken patty on a whole grain bun Mixed greens with grape tomatoes Peaches Milk Alternate: Ham & cheese sandwich</p>	<p>12</p> <p>Sub sandwich Tomato slices Green bean medley Apple sauce Milk Alternate: Yogurt, cheese stick & whole grain roll</p>	<p>13</p> <p>Walking tacos with seasoned beef, romaine lettuce & black beans Whole grain bread Pineapple Milk Alternate: Turkey & cheese sandwich</p>	<p>14</p> <p>Home made turkey stew Soft pretzels Celery & baby carrots Fruit cocktail Milk Alternate: Yogurt, cheese stick & whole grain roll</p>
<p>17</p> <p>Hamburger on a whole grain bun Fresh broccoli Baked beans Apple slices Milk Alternate: Turkey & cheese sandwich</p>	<p>18</p> <p>Turkey & gravy over mashed potatoes Green beans Whole grain bread Peaches Milk Alternate: Yogurt, cheese stick & whole grain bread</p>	<p>19</p> <p>Cheese quesadilla Refried beans Baby carrots Tortilla chips Pineapple Milk Alternate: Ham & cheese sandwich</p>	<p>20</p> <p>Little Caesar's pizza Cucumber slices & red pepper strips Whole grain roll Pears Milk Alternate: Turkey & cheese sandwich</p>	<p>21</p> <p>Homemade chili Baby carrots & celery sticks Gold fish crackers Pears Milk Alternate: Yogurt, cheese stick & goldfish crackers</p>
<p>24</p> <p>Chicken patty on a whole grain bun Grape tomatoes Cucumber slices Apple sauce Milk Alternate: Yogurt, cheese stick & whole grain roll</p>	<p>25</p> <p>Taco salad Tortilla chips Black beans & salsa Whole grain roll Pineapple Milk Alternate: Ham & cheese sandwich</p>	<p>26</p> <p>Pepperoni pizza Fresh cauliflower & broccoli Apple slices Milk Alternate: Yogurt, cheese stick & whole grain bread</p>	<p>27</p> <p>Hot dog Tater tots Baby carrots Fruit cocktail Milk Alternate: Turkey & cheese sandwich</p>	<p>28</p> <p>Football nuggets Tomato soup Cauliflower Watermelon Milk Alternate: Yogurt, cheese stick & breadsticks</p>
<p>Milk choices available daily are 1% chocolate, fat free white & 1% white. Chef's salads are available as an alternate choice every day. All bread served is whole grain; this includes pizza crusts & breadings on chicken patties & nuggets.</p> <p style="text-align: center;">This institution is an equal opportunity provider.</p>				