

2022-23 CLK Virtual Academy Middle School Electives

Class Offered	Learning Platform	Course Summary	Grades	Day	Time	Instructor	Optional Learning Experience
**STRIKETHROUGH CLASSES NOT OFFERED FOR 22/23 SCHOOL YEAR							
2D Studio Art	Ed Options	Close your eyes and imagine you're standing in an art studio—the smell of paint, the heat of the kiln, and the infinite creative possibilities that linger in the air. This is where art is born, and in 2D Studio Art, you'll learn how to bring your art visions to life. Whatever medium you prefer—painting, drawing, photography—this course will teach you the design elements and principles needed to create a work of art, explore your artistic inspirations, travel back in time to look at art in different cultures, and gain insight about the art of critiquing. If you've ever dreamed about making a living as an artist, this course will give you the tools and background that you need to turn those dreams into a reality	6-8	Self Directed	Self Directed	Virtual	At Home
Career Explorations 1	Ed Options	How do you pick a career path when you're not sure what's even out there? This course allows you to begin exploring options in fields such as teaching, business, government, hospitality, health science, IT, and more! You'll align your interests, wants, and needs to career possibilities, including the required education for each. Let's find a pathway that works for you. Note: This course has 8 units and is recommended to be taught over a single semester.	6-8	Self Directed	Self Directed	Virtual	At Home
Career Explorations 2	Ed Options	Imagine that it's 20 years from now. What career do you see yourself in? What do you imagine that you'll be doing? Will you be fighting forest fires or engineering the next rocket into space? With all the careers available, it can be difficult to narrow them down. In Middle School Career Exploration 2 we'll explore more careers and see what it takes to succeed. You'll learn more about what steps are needed to prepare for your career and how to compare the pros and cons of different career choices. Finally, you'll get the chance to try out parts of different careers to see if you're a perfect fit!	6-8	Self Directed	Self Directed	Virtual	At Home
Coding A/B	Ed Options	Do you find yourself wondering how your favorite apps, websites, and games were made? Maybe you want to try building your own. Well, now you can! In Middle School Coding 1a, you will get an introduction to the basics of computer science, HTML, CSS, JavaScript, and Python. You'll leave the course with a portfolio of work you can show off.	6-8	Self Directed	Self Directed	Virtual	At Home
Digital Art and Design A/B	Ed Options	There are so many different types of art in this world—fine art, classical art, visual art—but the impact of digital art and design is all around us, often in ways that you probably aren't even aware of! After taking Digital Art and Design, you'll enjoy a deeper understanding and appreciation for all things digital as you explore this special genre of art found in everything from advertising to animation to photography and beyond. In this course, you'll learn about the evolution of art, the basic principles of art and design, and the role of art in politics and society. Additionally, you will actually create your own digital art and make it come alive. Give your creative side a boost with this Digital Art and Design course!	6-8	Self Directed	Self Directed	Virtual	At Home
Exploring Business A/B	Ed Options	Are you interested in business, leading people, or making decisions to help a business be successful? While there are many different career choices in the field of business, in this course, you'll discover options such as management, human resources, business operations, information management, and accounting. Explore the skills you'll need, common tasks, the technology used, and characteristics of various business careers.	6-8	Self Directed	Self Directed	Virtual	At Home
Exploring Health Science A/B	Ed Options	Where do healthcare workers spend their days? What do they really do? From cruise ships to sports arenas, you can find healthcare workers in many places that you might not expect. Explore this field, including what it would be like to work in a medical lab. Learn what it takes to keep you and your patients safe, and begin to learn about the human body and basic firstaid	6-8	Self Directed	Self Directed	Virtual	At Home

Exploring Information Technology A/B	Ed Options	Are you interested in creating a website or app, or managing various technology solutions, but not sure where to start? If so, then it's time to explore the different career options available to you in IT and learn the foundations of IT to get you started. Examine various IT pathways of web and digital communications, information and support services, network systems, and programming and software development. Let's investigate which career pathway is right for you!	6-8	Self Directed	Self Directed	Virtual	At Home
Exploring Music A/B	Ed Options	What comes to mind when you hear the word 'music'? Do you think about your favorite band or artist? Do you think about instruments and scales and chords? The word 'music' means something different to everyone. This is why in Exploring Music there is a little bit of something for everyone! You will learn about how we hear music and how music affects our lives. You will explore important elements of music like rhythm, pitch, and harmony, as well as different musical genres. You will discover more about your singing voice and musical instruments and composition while taking in the history and culture of music over the years. Tune up your understanding and appreciation for all things music by signing up for this course!	6-8	Self Directed	Self Directed	Virtual	At Home
Family and Consumer Science	Ed Options	Family & Consumer Science prepares students with a variety of skills for independent or family living. Topics covered include child care, home maintenance, food preparation, money management, medical management, clothing care, and more. They also focus on household, personal, and consumer health and safety. In addition, students learn goal setting and decisionmaking skills, as well as explore possible career options	6-8	Self Directed	Self Directed	Virtual	At Home
Family Living and Healthy Relationships	Ed Options	In this course, students examine the family unit and characteristics of healthy and unhealthy relationships at different phases of life-- including information on self- discovery, family, friendships, dating and abstinence, marriage, pregnancy, and parenthood. Students learn about the life cycle and the different stages of development from infancy to adulthood. They also focus on a variety of skills to improve relationships and family living, including coping skills, communication skills, refusal skills, babysitting, parenting, and healthy living and disease prevention habits.	6-8	Self Directed	Self Directed	Virtual	At Home
Fitness	Ed Options	Are you physically fit? What does being fit mean to you? Physical fitness is a lot more than just a number on a scale, and that's exactly what you'll learn in this course! Middle School Fitness helps you understand the basics of being physically fit and allows for a deeper understanding of your body's functions. You will learn about the complex science behind exercise and determine how you can test your current level of fitness. Explore what it means to be mindful and discover what inspires you. Improving your physical fitness is a smart choice to make at any age, and by signing up for this course, you will be taking the first step on your exciting journey to understanding and improving your physical fitness.	6-8	Self Directed	Self Directed	Virtual	At Home
Fitness Basics 1/2	Ed Options	This course provides students with a basic understanding of fitness and nutrition. Students will learn about exercise safety, team and individual sports, nutrition, and the importance of staying active throughout their lifetime. Students conduct fitness assessments, set goals, develop their own fitness program, and participate in weekly physical activity.	6-8	Self Directed	Self Directed	Virtual	At Home
Game Design 1/2	Ed Options	We love to play video games, but have you ever wanted to build your own? If you are interested in a career in technology but also want a creative outlet, Game Design might be the field for you. Learn how to build a game from the ground up in this interactive and hands-on course that will teach you all the ins and outs of making your own game.	6-8	Self Directed	Self Directed	Virtual	At Home
Health	Ed Options	Middle School Health aids students in creating a foundation of personal health. Beginning with properly defining health, this course then builds upon basic health practices to emphasize the importance of balance. Attention is given to each of the six dimensions of wellness; namely, physical, intellectual, emotional, spiritual, social, and environmental. Students are taught the skills necessary to improve every aspect of health. They are also encouraged to reflect upon their own personal wellness each week.	6-8	Self Directed	Self Directed	Virtual	At Home
Health Careers	Ed Options	In this course, students explore a variety of career options related to the health care field, including medicine, nursing, physical therapy, pharmacy, dental careers, sports medicine, personal training, social work, psychology, and more. Students will learn about various options within each field, what each of these jobs entails, and the education and knowledge required to be successful. In addition, they will focus on basic job skills and information that would aid them in health care and other career paths	6-8	Self Directed	Self Directed	Virtual	At Home

Introduction to Group Sports 1/2	Ed Options	This course provides students with an overview of group sports. Students learn about a variety of sports, and an in-depth study of soccer or basketball. Students learn not only the history, rules, and guidelines of each sport, but practice specific skills related to each sport. Students also learn about game strategy and the benefits of sports. In addition, students study elements of personal fitness, goal setting, sport safety, and sports nutrition. Students conduct a pre- and post-fitness assessment, as well as participate in regular weekly physical activity.	6-8	Self Directed	Self Directed	Virtual	At Home
Introduction to Individual Sports 1/2	Ed Options	This course provides students with an overview of individual sports. Students learn about a variety of sports, yet do an in-depth study of running, walking, strength training, yoga, Pilates, dance, water sports, and cross-training. Students learn the history, rules, and guidelines of each sport, and practice specific skills related to each sport. Students also learn about the components of fitness, FITT principles, benefits of fitness, safety and technique, and good nutrition. Students conduct fitness assessments and participate in weekly physical activity	6-8	Self Directed	Self Directed	Virtual	At Home
Journalism A/B	Ed Options	Are you someone who likes to get the story straight? Do you always want to know more? Who? What? When? Where? How? These are the details that make for a great story. Knowing how to find these key facts and then write them up in a way that makes it easy for others to read about it is the skill of a true journalist. In Middle School Journalism: Tell Your Story, you'll learn how ask the right questions, look for the details, and find the story in any situation. You'll learn how to gather information effectively, organize ideas, format stories for media production, and edit your articles. Get ready to break that news!	6-8	Self Directed	Self Directed	Virtual	At Home
Learning in a Digital World: Digital Citizenship A/B	Ed Options	The digital world seems to change every day, and touch more of our lives. We use technology to communicate with friends and family, find neverending entertainment options, follow our favorite sports teams and fashion trends, and do our school work. In Learning in a Digital World you will get the tools to navigate this exciting and always changing world. Learn about real-world issues and how to solve real-world problems through interactive and hands-on assignments. Discover what it means to be a responsible digital citizen, expand your digital literacy, and become a successful online student. Consider the best ways to find, create, and share information, learn to maximize information and communication technologies, and explore digital content creation, from emails and blogs to social media, videos, and podcasts	6-8	Self Directed	Self Directed	Virtual	At Home
Photography A/B	Ed Options	Photographs are all around us, and each helps to tell a story. Now it's time for you to create your story through photos you learn how to take in this course. Learn the basics of using a camera, lighting, and how to choose great subjects to create magazine-worthy photos and amaze your friends and family with your skills	6-8	Self Directed	Self Directed	Virtual	At Home
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