

OCTOBER | 2021

CHS & WMS Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>27 Milk choices 1% white Fat free white 1% chocolate</p>	<p>28 Chef's salads - Turkey Ham Veggie Yogurt parfaits PB&J Available daily as an alternate</p>		<p>30</p>	<p>1 Little Caesar's Pizza Fresh broccoli Baby carrots Peaches Milk</p>
<p>4 Chicken patty on whole grain bun California medley Fruit cocktail Milk Alt: bratwurst</p>	<p>5 Chicken drumettes French fries Diced carrots Peaches Milk Alt: cheeseburger on whole grain roll</p>	<p>6 Chicken quesadilla Tortilla chips Salsa Steamed corn Refried beans Pineapple Milk Alt: southwest chicken tomato</p>	<p>7 Little Caesar's pizza Romaine & Spinach salad Cucumber slices Grape tomatoes Pears Milk Alt: yogurt parfait or PBJ</p>	<p>8 No school for students</p>
<p>11 Pizza Fresh broccoli & cauliflower Fruit cocktail Milk Alt: cheese burger sliders</p>	<p>12 Taco Salad – seasoned taco meat, shredded cheese, romaine, diced tomato, & black beans Tortilla chips Steamed corn Pineapple Whole grain roll Milk Alt: pizza burger</p>	<p>13 Orange chicken Brown rice Steamed broccoli Mandarin Orange WG dinner roll Milk Alt: turkey sandwich</p>	<p>14 Chicken strips Mashed potatoes with gravy Diced carrots Applesauce cups Whole grain roll Milk ALT: TBD</p>	<p>15 Little Caesar's pizza Steamed corn Nachos cheese chips Pears Milk ALT: TBD</p>
<p>18 Bosco sticks Marinara sauce Baby carrots Celery sticks Apple slices Milk Alt: Ham & cheese croissant</p>	<p>19 Chicken patty on whole grain roll Fresh broccoli & cauliflower Fruit cocktail Milk ALT: TBD</p>	<p>20 Italian Penne Pasta Spinach & romaine salad with grape tomatoes Garlic breadsticks Peaches Milk Alt: pizza</p>	<p>21 Walking tacos Season meat, romaine, tomato, shredded cheese, & black beans Nacho cheese chips Pineapple Milk ALT: TBD</p>	<p>22 Little Caesar's pizza Fresh broccoli Baby carrots Peaches Milk ALT: TBD</p>
<p>25 Chicken patty on whole grain bun California medley Fruit cocktail Milk Alt: bratwurst</p>	<p>26 Breaded pork patty Mashed potatoes with gravy Diced carrots Applesauce cups Whole grain rolls Milk ALT: TBD</p>	<p>27 Orange chicken Brown rice Steamed broccoli Mandarin Orange WG dinner roll Milk Alt: turkey sandwich</p>	<p>28 Quesadilla Tortilla chips Salsa Steamed corn Pears Milk ALT: TBD</p>	<p>29 Little Caesar's pizza Fresh Broccoli & cauliflower Apple or orange juice Whole grain roll Milk ALT: TBD</p>

News

Oct 8th – no school for students

Food Shortages are nationwide, and our district is also experiencing unavailable items or last minute replacements.

Menus are subject to change, but we will do our best to notify you.

We appreciate your patience and understanding!

This institution is an equal opportunity provider.