



MARCH | 2023

CHS & WMS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Mini corn dogs Tater tots Baked beans Red pepper strips Spiced apples Milk Alt – chicken patty on wg bun	28 Cheese Ravioli topped with marinara sauce Romaine & spinach salad Cucumber slices Whole grain breadsticks Pears Milk Alt - calzones	1 Stir fry Orange chicken Brown rice Oriental veggie blend Mandarin Oranges Fortune cookie Milk Alt – egg rolls or chicken patty	2 Chicken patty on whole grain bun Roasted broccoli, cauliflower, carrots & onions Baked beans Grapes Milk Alt – bratwurst on wg roll	3 Homemade chili Baby carrots Celery sticks Whole grain breadsticks Peaches Milk Alt – pizza
6 Chicken Quesadilla Tortilla chips & salsa Refried beans Red pepper strips Peaches Milk Alt – fiesta pizza	7 Chicken nuggets Mashed potatoes & gravy Steamed carrots Whole grain roll Grapes Milk Alt – chicken patty on wg bun	8 Italian penne pasta Romaine & spinach salad Cucumber slices Garlic breadsticks Mixed fruit Milk Alt –pepperoni pizza	9 Bosco sticks Marinara sauce Fresh broccoli Baby carrots Pears Milk Alt – chicken burger on wg bun	10 Grilled cheese or Tuscan grill cheese Tomato soup Celery sticks Applesauce cups Milk Alt - pizza
13 Chicken fajita – seasoned chicken, roasted peppers & onion, black beans, shredded cheese, romaine & diced tomato served on whole grain tortilla wraps Cantaloupe & milk Alt - pizza	14 BBQ nibblers Baked potato Diced carrots Whole grain roll Clementine Milk Alt – chicken patty on wg bun	15 Stir fry orange chicken Brown rice Steamed broccoli Peaches Whole grain roll Fortune cookie Milk Alt – chicken patty	16 Walking tacos – seasoned meat, shredded cheese, romaine, diced tomato & salsa Nacho cheese tortilla chips Black beans Grapes Milk Alt – fiesta pizza	17 Mini corn dogs French fries Coleslaw Pears Milk Alt - pizza
20 Pulled pork on whole grain bun Fresh broccoli Baked beans Applesauce cups Milk Alt – chicken burger on wg bun	21 Popcorn chicken Mashed potatoes & gravy Steamed corn Peach cups Whole grain roll Milk Alt- pizza	22 day – noon dismissal Pinwheel Baby carrots Apple slices Cookie Chips Milk	23 French toast Hash brown Sausage links Apple juice Orange slices Milk Alt – chicken patty	24 Ham & cheese sandwich on wg bun Tomato soup Romaine & spinach salad Cucumber slices Pears Milk Alt: Jim’s pizza
27 Spaghetti Steamed broccoli Whole grain roll Fresh apples Milk Alt – calzones	28 Tacos – hard or soft shell – seasoned meat, shredded cheese, romaine, diced tomato salsa & black beans & Red pepper strips Cantaloupe Milk Alt – fiesta pizza	29 Bosco sticks Marinara sauce Roasted broccoli, cauliflower, carrots & onions Pears Milk Alt – chicken burger on wg bun	30 Stir fry orange chicken Brown rice Oriental veggie blend Peaches Whole grain roll Fortune cookie Milk Alt – chicken patty	31 Chicken patty on whole grain bun French fries Green beans Applesauce cups Milk Alt – yogurt parfait, chef’s salad or PBJ

News

3/22 – 1/2 day – lunch provided
 Spring Break –
 April 3rd – April 10th*

*if CLK schools has had 6 snow day, 4/10 will be a regular school day

Lunch alternates available daily –

PB & J
 Yogurt parfaits
 Chef’s salads – turkey, ham or veggie
Milk choices –
 1% chocolate
 1% white

Fat free white
 Students can only charge up to \$50 with a signed permission slip. Once this balance has been reached, your student will only be served breakfast or lunch. All students will receive the meal regardless of the balance in the family account.

This institution is an equal opportunity