

May 2023

CHS & WMS Lunch Menu

Monday

Snow day

1

Tuesday

Spaghetti
Romaine & spinach salad
Grape tomatoes
Cucumber slices
Garlic breadsticks
Applesauce cups
Milk
Alt - calzones

2

Wednesday

Walking tacos
Seasoned meat, shredded cheese, romaine, diced tomatoes, Nacho cheese Doritos, & salsa, black beans
Pineapple
Milk

3

Alt - burrito

Thursday

Bosco sticks
Marinara sauce
Roasted broccoli, cauliflower, carrots & onions
Pears/Milk
Alt - chicken burger on WG bun

4

Friday

Homemade Chili
Coleslaw
Carrots sticks
Celery sticks
Apple slices
Goldfish crackers
Milk
Alt - Jim's pizza

5

BBQ Nibblers
French fries
Steamed corn
Peaches
Milk
Alt - pizza burger on WG

8

Italian Penne Pasta
Romaine & Spinach salad
Grape tomato
WG roll
Pears
Milk
Alt - cheese pizza

9

Pepperoni Pizza
Carrots sticks
Celery sticks
Apple slices
Milk
Alt - grilled cheese

10

Chicken patty on WG bun
Coleslaw
Baked beans
Fresh broccoli
Applesauce cups
Milk
Alt - brats

11

Turkey stew
Soft pretzel
Green beans
Applesauce cups
Milk
Alt - Jim's pizza

12

French toast
Sausage links
Orange or apple juice
Cantaloupe
Milk
Alt - cheese pizza

15

Bosco sticks
Marinara sauce
Roasted broccoli, cauliflower, carrots & onions
Pears
Milk
Alt - chicken burder on WG bun

16

1/2 day
Turkey croissants
Baby carrots
Apple slices
Doritos
Milk

17

Popcorn Chicken
Mashed potato with gravy
Green beans
Peaches
Milk
Alt - chicken patty on wg bun

18

Orange chicken
Brown rice
Steamed broccoli/oriental veggie
Fortune cookie
Mandarin oranges/Milk
Alt - egg roll or chicken patty

19

Taco salad -
Seasoned meat, shredded cheese, romaine, diced tomato & black beans
Tostitos & salsa
Pears/Milk
Alt - fiesta pizza

22

Turkey gravy over mashed potato
Diced carrots
Pears
WG roll
Milk
Alt - chicken patty on WG bun

23

Lasagna roll-ups
Romaine & Spinach salad
Cucumber slices
WG roll
Peaches milk
Alt - calzones

24

Chicken patty on WG bun
Coleslaw
Fresh broccoli
Applesauce cups
Milk
Alt - brats

25

1/2 day
Turkey & cheese sandwich on a wg bun
Baby carrots
Fresh apples
Milk

26

Memorial Day

No school

29

Chicken patty on whole grain bun
Green beans
Pears
Nacho cheese
Doritos
Milk
Alt - brat on whole grain bun

30

Chicken strips with mashed potatoes
Steamed broccoli
Peaches
Whole grain roll
Milk
Alt - pizza

31

Did you know?

The Empire State Building opened its doors on May 1, 1931. At the point of its construction, it held the record for being the tallest building in the world.

A La Carte

Daily Alternatives-

PBJ

Yogurt parfaits

Chef's salads -
Turkey
Ham
Veggie

School Info

May 17th - 1/2 day - lunch provided

May 22nd - Senior Picnic

May 23 - Class Night

May 25th - Baccalaureate
May 26th - 1/2 day - lunch provided

May 26th - Graduation

This institution is an equal opportunity provider.