

OCTOBER | 2025

WMS, CHS & HAHS Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

29	30	1	2	3
6 Cheeseburger on whole grain bun Leaf lettuce & tomato slices Baked beans & French fries, Apples & milk Alt – hot dog on whole grain bun	7 Chicken alfredo – penne pasta, alfredo sauce, grilled chicken and steamed broccoli w/ garlic toast, peaches & milk Alt - calzones	8 Orange chicken w/ Fried rice Oriental veggies Mandarin oranges milk Alt – egg rolls or chicken filet on whole grain bun	9 Cheese quesadilla Romaine & Spinach salad w/ grape tomatoes Tortilla chips & salsa Grapes & Milk Alt – sloppy joes on whole grain bun	10 Chicken fajitas – seasoned chicken, peppers & onions, shredded cheese. Romaine & tomatoes Applesauce cups & milk Alt – deep dish pizza
13 BBQ pulled pork on whole grain bun Coleslaw & baked beans Peaches Milk Alt – Tony's pepperoni pizza	14 Spaghetti w/meat sauce Romaine & Spinach salad w/ grape tomatoes w/ garlic toast & diced pears Milk Alt - calzones	15 ½ day Garlic & cheese Pull Aparts w/ marinara sauce Baby carrots, Lays' potato chips, apple slices & milk	16 Cinnamon French toast Sausage links Triangle hash browns Baby carrots & strawberry cups, milk Alt – Tony's sausage pizza	17 Grilled cheese or Tuscan grilled cheese Soup Broccoli & cauliflower Applesauce cups Milk Alt – Figaro's pizza
20 Chicken breast filet on whole grain bun Broccoli slaw Tater tots Mixed fruit Milk Alt – brat on whole grain bun	21 BBQ nibblers Baked potato Mixed green salad w/ cucumber slices WG roll & diced pears Milk Alt – brat on whole grain bun	22 Sub sandwich – Cold cuts on whole grain bun w/ sliced cheese Romaine & tomato slices Celery & carrots sticks Peaches & milk Alt – cheeseburger on whole grain bun	23 Bosco sticks with marinara or garlic parmesan sauce Fresh Broccoli & cauliflower Sidekicks & Milk Alt – deep dish pizza	24 Tacos -seasoned beef or chicken, shredded cheese, romaine & diced tomatoes, soft or hard shell, red peppers & refried beans, pineapple chunks & milk Alt - burrito
27 Mini corn dogs Baked beans Steamed corn Fresh apples Milk Alt – cheeseburger on whole grain bun	28 Chicken drumsticks French fries Green beans & Whole grain roll Pears & Milk Alt – Brat on whole grain bun	29 Philly cheese steak Romaine & spinach Grape tomato Sidekick & milk Alt – Tony's pepperoni pizza	30 Orange chicken w/fried rice Oriental veggies Mandarin oranges & milk Alt – egg rolls or chicken breast filet on whole grain bun	31 Chicken Caesar wrap Roasted broccoli, cauliflower, carrots & red onion Peaches Milk Alt – Figaro's pizza

News

Tuesday, 10/7 – CHS Picture Day!

Wednesday, 10/8, WMS Picture Day!

Wednesday, 10/15 – ½ day – lunch is provided

Friday, 10/31 – Happy Halloween

Daily Alternate lunch – yogurt parfaits or pbj

Vegetable bar available to all school lunch students.

Milk choices – 1% white or chocolate & fat free white

This institution is an equal opportunity provider.

Menu subject to change without notice